

NATURAL LIFE CHIROPRACTIC

DR. LISA ORWICK
Chiropractic Physician
Nutritional Counseling

7235 N. Paseo del Norte
Tucson AZ 85704
(520) 740-1718
Fax: (520) 740-1776

INFORMED CONSENT

PATIENT REQUEST FOR CHIROPRACTIC AND/OR PHYSIOTHERAPY CARE

Dear Patient,

We would like to personally welcome you to our clinic. This notice is to advise you that every type of health care delivery system, including chiropractic care, has some associated risks and the potential for occasional problems of some kind. These problems can include temporary soreness, sprain-strain, bruising, burns, fractures, dislocations, disc injuries, stroke, etc. In considering these issues, remember that humans and their injuries are unique, and treatment that might be very effective for one person might not be as effective for another person. While we are committed to providing you with the best and safest treatment possible, we also have a legal responsibility to advise you about some very rare but potential problems that can occur with chiropractic care and/or physiotherapy. Before you start your treatment with Dr. Orwick, you need to review this information, which is called your "informed consent." No treatment can begin until you have reviewed this document authorizing treatment based on your informed consent. Please feel free to discuss any questions or concerns that you may have directly with Dr. Orwick, before any treatment at our office.

Remember, we always have time to talk with you about any concerns or questions.

* **Disc Herniations:** Non-surgical disc injury problems are frequently and successfully treated by skilled chiropractors. Occasionally, chiropractic treatment may aggravate a preexisting disc problem. Very rarely, chiropractic care may cause a disc problem to flare-up or even worsen, especially if the disc is already severely damaged before treatment began.

* **Soft Tissue Injury:** This term refers to injured muscles, tendons, ligaments, cartilage (and their attachments to bone), blood vessels, and nerves. At times, these tissues (or scar tissue) may be stretched, resulting in temporary pain.

* **Rib Fractures:** Rarely, chiropractic adjustments may crack a rib bone. This risk is increased in the elderly osteoporotic patient. We adjust all of our patients carefully, and especially our older patients to minimize this risk.

* **Burns:** Some of our physiotherapy equipment and/or modalities (hot packs, ice, ultrasound, etc.) work by generating heat or cold. Therefore, it is possible for a patient to be burned (by heat or ice) if they do not follow instructions or misuse the equipment. Usually, these are minor problems but they can cause temporary redness, some swelling and mild pain for a few days.

* **Soreness:** Chiropractic adjustments, traction, massage, stretching, exercise, etc., all have the possibility of making a patient sore, on a temporary basis.

* **Stroke:** Stroke from chiropractic care is VERY uncommon. If you have a history of atherosclerosis, please advise doctor Orwick.

* **Other Problems:** There may be problems or complications that might arise from chiropractic treatment or physiotherapy, other than those described herein. These "other problems or complications" occur so infrequently that it is not possible to anticipate them, predict them or explain them all in advance of starting treatment.

If any problem starts to develop, please advise the doctor.

Disclaimer: Chiropractic care is a health care delivery system, and as with any health care delivery system, we do not and cannot promise or guarantee to cure any specific symptom, disease or condition.

Patient's signature

Today's Date